



CARE Checklist:

| Topic | Item | Checklist item description | Line/Page |
|-------------------------------|------------|--|--|
| Title | 1 | The words “case report” should be in the title along with the area of focus | <u>4-6/1</u> |
| Key Words | 2 | Four to seven key words—include “case report” as one of the key words | <u>43-44/2</u> |
| Abstract | 3a | Background: What does this case report add to the medical literature? | <u>14-23/1</u> |
| | 3b | Case summary: chief complaint, diagnoses, interventions, and outcomes | <u>24-35/2</u> |
| | 3c | Conclusion: What is the main “take-away” lesson from this case? | <u>36-42/2</u> |
| Introduction | 4 | The current standard of care and contributions of this case—with references (1-2 paragraphs) | <u>111-128/4-5</u> |
| Timeline | 5 | Information from this case report organized into a timeline (table or figure) | <u>absent</u> |
| Patient Information | 6a | De-identified demographic and other patient or client specific information | <u>134/5</u> |
| | 6b | Chief complaint—what prompted this visit? | <u>135/5</u> |
| | 6c | Relevant history including past interventions and outcomes | <u>136-166/6-7</u> |
| Physical Exam | 7 | Relevant physical examination findings | <u>167-170/7</u> |
| Diagnostic Assessment | 8a | Evaluations such as surveys, laboratory testing, imaging, etc. | <u>185-188/7-8</u> |
| | 8b | Diagnostic reasoning including other diagnoses considered and challenges | <u>173-180/8 and 197-200/9</u> |
| | 8c | Consider tables or figures linking assessment, diagnoses and interventions | <u>Figure 1-7 /6-14</u> |
| | 8d | Prognostic characteristics where applicable | <u>not applicable</u> |
| Interventions | 9a | Types such as life-style recommendations, treatments, medications, surgery | <u>197-200/9 and 201-207, 273-275/9,13</u> |
| | 9b | Intervention administration such as dosage, frequency and duration | <u>202, 206/7 and 266-270, 281/9</u> |
| | 9c | Note changes in intervention with explanation | <u>244-245/11</u> |
| | 9d | Other concurrent interventions | <u>no</u> |
| Follow-up and Outcomes | 10a | Clinician assessment (and patient or client assessed outcomes when appropriate) | <u>302-308/14</u> |
| | 10b | Important follow-up diagnostic evaluations | <u>302-308/14</u> |
| | 10c | Assessment of intervention adherence and tolerability, including adverse events | <u>298-300//14</u> |
| Discussion | 11a | Strengths and limitations in your approach to this case | <u>416-420/20</u> |
| | 11b | Specify how this case report informs practice or Clinical Practice Guidelines (CPG) | <u>402-413/20</u> |
| | 11c | How does this case report suggest a testable hypothesis? | <u>317-338/16</u> |
| | 11d | Conclusions and rationale | <u>420-460/20</u> |
| Patient Perspective | 12 | When appropriate include the assessment of the patient or client on this episode of care | <u>not applicable</u> |
| Informed Consent | 13 | Informed consent from the person who is the subject of this case report is required by most journals | <u>in a special file</u> - |
| Additional Information | 14 | Acknowledgement section; Competing Interests; IRB approval when required | <u>56-57/2</u> |