



CARE Checklist: Information for writing a case report
Management of a massive retrosternal goiter after prior thyroid surgery: a clinical case

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	<u>4/1</u>
Key Words	2	Four to seven key words—include “case report” as one of the key words <input type="checkbox"/>	<u>32-33/1</u>
Abstract	3a	Background: What does this case report add to the medical literature? <input type="checkbox"/>	<u>14-17/1</u>
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	<u>18-22/1</u>
	3c	Conclusion: What is the main “take-away” lesson from this case?	<u>27-31/1</u>
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs) <input type="checkbox"/>	<u>58-70/1</u> and ref: <u>221-245/6-7</u>
Timeline	5	Information from this case report organized into a timeline (table or figure) <input type="checkbox"/>	<u>Table 1/3</u>
Patient Information	6a	De-identified demographic and other patient or client specific information	<u>82-83/2</u>
	6b	Chief complaint—what prompted this visit <input type="checkbox"/>	<u>86-90/2</u>
	6c	Relevant history including past interventions and outcomes	<u>83-84/2</u>
Physical Exam	7	Relevant physical examination findings	<u>94-98/2</u>
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	<u>99-111/2</u> ³
	8b	Diagnostic reasoning including other diagnoses considered and challenges <input type="checkbox"/>	<u>115/1</u> and <u>117-122/9</u>
	8c	Consider tables or figures linking assessment, diagnoses and interventions <input type="checkbox"/>	<u>Figure 1-5/3-5</u>
	8d	Prognostic characteristics where applicable	<u>not applicable</u>
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	<u>115-116/3</u> and <u>122-126/3</u>
	9b	Intervention administration such as dosage, frequency and duration	<u>116-124/3</u>
	9c	Note changes in intervention with explanation	<u>118-119/3</u> and <u>121-122/3</u>
	9d <input type="checkbox"/>	Other concurrent interventions	<u>no</u>
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate) <input type="checkbox"/>	<u>124-126/3</u>
	10b	Important follow-up diagnostic evaluations <input type="checkbox"/>	<u>127-132/3</u>
	10c	Assessment of intervention adherence and tolerability, including adverse events	<u>124-126/3</u>
Discussion	11a	Strengths and limitations in your approach to this case	<u>200-208/6</u>
	11b <input type="checkbox"/>	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	<u>200-208/6</u>
	11c <input type="checkbox"/>	How does this case report suggest a testable hypothesis?	<u>209-213/6</u>
	11d	Conclusions and rationale	<u>215-223/6</u>
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	<u>not applicable</u>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	<u>none</u>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	<u>52-54/2</u>